

**CURRICULUM VITAE**  
**Lauren Rebecca Kinkade, MS, LPC Associate**  
**Supervised by Magan Mangold, LPC-S**

Jennifer Leister, LPCS & Associates, PLLC  
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**Education**

*Master of Science in Clinical Mental Health Counseling, December 2019*  
University of North Texas at Dallas

*Bachelor of Business Administration, May 1999*  
Major: Management Information Systems  
The University of Texas at Austin

**License and Certifications**

Licensed Professional Counselor Associate            Texas #84051  
Registered Circle of Security Parenting Facilitator  
Psychological First Aid  
American Heart Association Basic Life Support (CPR and AED)  
Crisis Prevention Institute Nonviolent Crisis Intervention

**Work Experience**

**Presbyterian Children's Homes and Services**

**Early Childhood Specialist**

December 2019 – Present

Provide child and family services to families with children ages 0 – 5 years. Promote family engagement and healthy child development through parenting support and education based on Trust-Based Relational Intervention (TBRI). Utilize trauma-informed care to conceptualize how trauma impacts parenting and child development. Provide holistic services to meet systemic needs of family. Facilitate parent support groups utilizing Circle of Security Parenting.

**Carrollton Springs**

**PRN Therapist**

October 2020 – Present

Conduct biopsychosocial assessments at Inpatient and Outpatient facilities of patients seeking treatment for psychiatric or emotional disorders, substance abuse, or dual diagnosis to determine appropriate therapeutic environment. Coordinate with clinical team and physician to ensure the

patient's needs are met at the facility or appropriate community provider. Provide psychotherapy and counseling therapies to patients through individual, family, and group counseling. Ensure timely and accurate patient documentation. Lead therapy groups in both Inpatient and Outpatient settings.

### **CK Family Services**

#### **Contracted Family Assessment Writer**

October 2020 – Present

Conduct thorough screenings, reports, and assessments of prospective kinship caregivers ensuring they meet DFPS minimum standards.

### **Carrollton Springs, Changes Outpatient of Frisco**

#### **Student Counselor Intern**

Lead process therapy groups and psychoeducational skills groups of CBT and DBT skills to teach adolescent patients coping skills to manage anxiety, depression, self-harm, and suicidal ideation.

### **University of North Texas at Dallas – Counseling and Wellness Center**

#### **Counseling Intern**

Provided individual counseling to students experiencing various concerns including bereavement, depression, anxiety, and anger management.